

Child Development Chartⁱ

Child _____ **Sex** _____ **Date of Birth** _____

Age of milestone	6 weeks	6 mo.	8 mo.	1 year	18 mo.	20.5 mo.	3 years	4 years	5 years
Social Behavior + play	Smiles Turns to regard observers face	Puts everything in mouth Hand and foot regard Plays Peek-a-Boo	Waves Good-bye Indicates wants not by crying Drinks from cup	Holds spoon, gets food to mouth Takes off shoes and socks Explores environment Indicates toilet needs	Plays alone Eats with fork and knife Puts on clothes Dry during day	Eats with fork and knife Goes to toilet alone Dresses with supervision Washes and dries hands Separates easily from mother	Shares toys Brushes teeth Dresses without supervision	Comforts friends in distress Chooses own friends Dramatic group play	
Hearing and Speech	Startle Response	Responds to own name Laughs Vocalizes	Distraction Hearing Test Responds to own name Polysyllabic Babbling	Understands several words Uses "mama", "dada"	Jabbers continually Utters three or more words other than "mama and dada" Points to eyes, nose Obeyes simple instructions	Uses Plurals Gives name Hearing test	Uses preposition Uses sentence with four words Can give full name, sex, and age	Speaks grammatically Counts to 10 Gives full name and address recognizes all primary colors	Speaks fluently and clearly Hearing test
Fine Motor and Vision	Stares Follows horizontal to 90 ⁰	Palmar grasp Transfers and mouths Fixes on small objects follows fallen toy	Points with index finger Casts Pincer Grasp Holds 2 bricks and bangs together	Delicate Pincer Grasp Scribbles Turns pages Builds Tower of 3-4 blocks	Picks up hundreds and thousands Imitates vertical line Builds tower of 8 blocks	Copies circle Threads beads Matches two colors	Copies cross and square Imitates bridge of 3 bricks Draws man with 3 parts	Copies triangle Draws person with all features	

Age of milestone	6 weeks	6 mo.	8 mo.	1 year	18 mo.	20.5 mo.	3 years	4 years	5 years
Gross Motor	Head Control Moro Response Ventral Suspension Prone Position	Can be pulled to sit Sits with support Downward parachute Bears weight on legs	Crawls Forward Parachute Response Sits without support Rolls over from back to prone	Gets to sitting Pulls to standing Furniture walking Walks alone	Walks backwards Carries toy while walking Climbs stairs Climbs on chair	Climbs and descends stairs Jumps in place Kicks ball	Runs fast Climbs stairs in an adult manner Can stand on one foot	Hops on one foot Climbs ladder, tree Walks heel to toe	Walks down stairs one foot at a time Bounces and catches ball Walks backward heel-to-toe
Warning signs	No visual fixation or following Failure to respond to sound Failure to smile Excessive head lag								
Date and age									
Comment									

¹ Lingam, Sandra and Harvey, David, *Manual of Child development* New York, Churchill Livingstone 1988 p.9-50

¹²⁰ Diagnosis and Treatment of Attention Deficit Hyperactivity Disorder. NIH Consensus Statement 1998 Nov 16-18; 16(2): 1-37.